



Hoyland Springwood Primary School

Cloughfields Road, Hoyland, Barnsley, S74 0ER
T: 01226 743815 e: springwood@ecmtrust.co.uk

Headteacher: Mrs Katherine Clark
Executive Headteacher: Mrs Gerry Wilson

Thursday 1st February 2018

Dear Parents,

Year 6 Relaxation Sessions

Following a series of assemblies this half term on staying and feeling safe, we have recently introduced a Worry Box for children across the school. The children have responded really well to this and have felt confident to share things that are concerning them.

We have found that a number of Year 6 children have expressed concern about the forthcoming SATs tests and whilst we will be supporting the children with their learning, Mrs Parker and I will also be offering a series of sessions focusing on positive thinking and relaxation techniques which the children can use in the run up to SATs and in the future.

There will be four sessions offered after half term – all on a Thursday from 3.30-4.30pm. The sessions are open to all children in Year 6 with no maximum number of attendees. All we would ask is that the children commit to attending all four sessions. The full programme will be finalised once we know the numbers that we are expecting.

If your child would like to attend, please complete the slip and return it to school by Monday 5th February at the latest. A further letter will be sent home next week with the programme and arrangements for the sessions. The sessions will run from Thursday 22nd February to Thursday 15th March inclusive.

Kind regards

Mrs Katherine Clark
Headteacher

Year 6 Relaxation Sessions

My child _____ would like to attend the Year 6 relaxation sessions from Thursday 22nd February to Thursday 15th March inclusive.

Signed: _____ (parent/carer)